【合奏“管”然樂 - 家長協調管教】
家長講座系列

<table>
<thead>
<tr>
<th>地點</th>
<th>九龍九龍塘沙福道十九號教育局九龍塘教育服務中心</th>
</tr>
</thead>
<tbody>
<tr>
<td>時間</td>
<td>下午3時至5時正</td>
</tr>
<tr>
<td>語言</td>
<td>廣東話</td>
</tr>
</tbody>
</table>

### 講座一

家庭協調管教的迷思

<table>
<thead>
<tr>
<th>項目</th>
<th>內容</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>新一代男女兩性在管教角色上的轉變</td>
</tr>
<tr>
<td>2.</td>
<td>虎醬貓爸—不同管教態度, 對孩子成長有何影響?</td>
</tr>
<tr>
<td>3.</td>
<td>婚姻關係對孩子心理成長的影響</td>
</tr>
</tbody>
</table>

日期：2016年5月11日（星期三）
地點：西座 W134室
截止日期：2016年5月9日（星期一）

### 講座二

「代家長系統」的平衡

<table>
<thead>
<tr>
<th>項目</th>
<th>內容</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>現時「代家長系統」的實況一家誰照顧與祖父母照顧的不同考慮</td>
</tr>
<tr>
<td>2.</td>
<td>「代家長系統」失衡引致孩子成長的種種問題</td>
</tr>
<tr>
<td>3.</td>
<td>如何建立健全的「代家長系統」</td>
</tr>
<tr>
<td>4.</td>
<td>雙職家庭的管教考慮</td>
</tr>
<tr>
<td>5.</td>
<td>享受「為人父母」的福份</td>
</tr>
</tbody>
</table>

日期：2016年5月23日（星期一）
地點：西座 W301室
截止日期：2016年5月19日（星期四）

### 講座三

家長協調管教（一）

<table>
<thead>
<tr>
<th>項目</th>
<th>內容</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>管理自己情緒、管理孩子情緒</td>
</tr>
<tr>
<td>2.</td>
<td>孩子學習的方法和原則</td>
</tr>
<tr>
<td>3.</td>
<td>「我」的信息和積極聆聽</td>
</tr>
<tr>
<td>4.</td>
<td>建立正面行為的管教技巧</td>
</tr>
</tbody>
</table>

日期：2016年5月31日（星期二）
地點：西座 WP01室
截止日期：2016年5月27日（星期五）

### 講座四

家長協調管教（二）

<table>
<thead>
<tr>
<th>項目</th>
<th>內容</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>預防不良行為與情緒的管教技巧</td>
</tr>
<tr>
<td>2.</td>
<td>處理不良行為的管教技巧</td>
</tr>
<tr>
<td>3.</td>
<td>雙職家長的減壓措施</td>
</tr>
</tbody>
</table>

日期：2016年6月6日（星期一）
地點：西座 WP01室
截止日期：2016年6月2日（星期四）

### 特別安排：

如於當日早上十一時半或之前即下8號風暴信號，或取消黑色暴雨信號，該日下午之活動/講座將會恢復。
否則，該日下午之活動/講座將會取消。
致：家庭與學校合作事宜委員會秘書處

【合奏“管”然樂－家長協調管教】
家長講座系列
報名表

講座(一)：家長協調管教的迷思 [日期：2016年5月11日(星期三)]
講座(二)：「代家長系統」的平衡 [日期：2016年5月23日(星期一)]
講座(三)：家長協調管教技巧(一) [日期：2016年5月31日(星期二)]
講座(四)：家長協調管教技巧(二) [日期：2016年6月6日(星期一)]

特別安排：
如於當日早上十一時半或之前卸下8號恆風號，或取消黑色暴雨警報，該日下午之活動/講座將會恢復。否則，該日下午之活動/講座將會取消。

我/我們有興趣參加上述講座:
講座(一)  □
講座(二)  □
講座(三)  □
講座(四)  □

(請於適當空格內加√)

參加人數：_________人

聯絡人姓名：__________先生/女士聯絡電話：________

我/我們是*校長/教師/家長/學校社工/其他:__________________

(* 請劃去不適用者)

我/我們樂意從電郵收到「家庭與學校合作事宜委員會」的講座/活動資料。

我/我們的電郵地址：__________________________

(如曾提供電郵資料予秘書處則不需再次填寫。)

附註：以上提供的個人資料，只會用作報名、統計、聯絡及發放講座/活動的資料的用途。
# Talk Series for Parents -
## Coordinated Roles of Father and Mother in Child Rearing

<table>
<thead>
<tr>
<th>Venue:</th>
<th>Education Bureau Kowloon Tong Education Services Centre, 19 Suffolk Road, Kowloon Tong, Kowloon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time:</td>
<td>3 pm to 5 pm</td>
</tr>
<tr>
<td>Language:</td>
<td>Cantonese</td>
</tr>
</tbody>
</table>

### Contents and Dates:

#### Talk 1
Myths about the Coordinated Roles of Father and Mother in Child Rearing

**Contents**
1. Evolved roles of the two genders in child rearing
2. “Tiger Mum and Cat Dad” - the influence of contrasting attitudes towards child rearing on child development
3. The influence of marital relationship on the psychological development of children

**Date:** 11 May 2016 (Wednesday)
**Venue:** W134, West Block
**Enrolment Deadline:** 9 May 2016 (Monday)

#### Talk 2
Keeping Balance with the “Substituted Parent System”

**Contents**
1. “Substituted Parent System” in real life situations – implications of child rearing by domestic helpers and grandparents
2. Problems of child development arising from the imbalance caused by the “Substituted Parent System”
3. Developing a coherent “Substituted Parent System”
4. Working parents’ considerations for child rearing
5. The joy of being parents

**Date:** 23 May 2016 (Monday)
**Venue:** W301, West Block
**Enrolment Deadline:** 19 May 2016 (Thursday)

#### Talk 3
Coordinated Roles of Father and Mother in Child Rearing (I)

**Contents**
1. Self-management of emotions and managing the children’s emotions
2. Methods and principles to facilitate the learning of children
3. “I” message and active listening
4. Parental skills of developing good behaviour

**Date:** 31 May 2016 (Tuesday)
**Venue:** WP01, West Block
**Enrolment Deadline:** 27 May 2016 (Friday)

#### Talk 4
Coordinated Roles of Father and Mother in Child Rearing (II)

**Contents**
1. Parental skills of preventing misbehaviour and negative emotions
2. Parental skills of managing misbehaviour
3. Ways to relieve pressure on working parents

**Date:** 6 June 2016 (Monday)
**Venue:** WP01, West Block
**Enrolment Deadline:** 2 June 2016 (Thursday)

---

*Contingency Arrangement:*

In the event of typhoon or rainstorm warnings, an activity/talk to be held in the afternoon session will be conducted as scheduled if the Tropical Cyclone Warning Signal No. 8 or Black Rainstorm Warning Signal has already been cancelled by 11:30 am. Otherwise, the activity/talk in the afternoon session will be called off.
To: Secretariat, Committee on Home-School Co-operation

Talk Series for Parents -
Coordinated Roles of Father and Mother in Child Rearing
Reply Slip

Talk 1:  Myths about the Coordinated Roles of Father and Mother in Child Rearing
[11 May 2016 (Wednesday)]
Talk 2:  Keeping Balance with the “Substituted Parent System”
[23 May 2016 (Monday)]
Talk 3:  Coordinated Roles of Father and Mother in Child Rearing (I)
[31 May 2016 (Tuesday)]
Talk 4:  Coordinated Roles of Father and Mother in Child Rearing (II)
[6 June 2016 (Monday)]

Contingency Arrangement:
In the event of typhoon or rainstorm warnings, an activity/talk to be held in the afternoon session will be conducted as scheduled if the Tropical Cyclone Warning Signal No. 8 or Black Rainstorm Warning Signal has already been cancelled by 11:30 am. Otherwise, the activity/talk in the afternoon session will be called off.

I/we* would like to attend the following talk(s):

(Please put a ✓ in the appropriate box.)

✓ Talk 1
✓ Talk 2
✓ Talk 3
✓ Talk 4

No. of Participants: ______________

Contact Person: Mr/Mrs/Ms* ______________

Contact Telephone Number: ______________

My/Our* status: principal/teacher/parent/school social worker*/
Others: _____________________ (Please specify)

I/We* wish to receive information by email about talks/activities organised by the Committee on Home-School Co-operation.

My/Our* Email Address:

(Please leave it blank if you have already provided your email address to the Secretariat of Committee on Home-School Co-operation.)

(*Please delete whichever is not applicable)

Remarks: The personal data and other information provided above will only be used for the purposes of enrolment, statistical compilation, liaison and dissemination of information about talks/activities.